



**LOAD DATA**  
 Bullet Brand: Federal®  
 7MM  
 Weight / Type: 140gr Fusion®

More reloading data can be found at [federalpremium.com](http://federalpremium.com)

**280 REMINGTON Test Firearm: 24" test barrel \*note: Compressed**

POWDER	OAL (IN)	PRIMER	BRASS	Starting Load		Max Load	
				CHARGE WT (GR)	VELOCITY (FT/SEC)	CHARGE WT (GR)	VELOCITY (FT/SEC)
Alliant Reloder® 22	3.230	Fed 210	Fed	53.5	2766	59.5*	3067
Alliant Reloder® 19	3.230	Fed 210	Fed	53.8	2732	59.8*	3061
Alliant Reloder® 17	3.230	Fed 210	Fed	49.1	2775	54.3	3057
Alliant Reloder® 16	3.230	Fed 210	Fed	49.8	2787	55.1	3054
Alliant Reloder® 26	3.230	Fed 210	Fed	55.8	2750	60.8*	3049
Alliant Power Pro™ 4000-MR	3.230	Fed 210	Fed	51.3	2765	57.0	3043
Alliant Reloder® 23	3.230	Fed 210	Fed	51.9	2772	57.7*	3033

**7MM-08 REMINGTON Test Firearm: 24" test barrel \*note: Compressed**

POWDER	OAL (IN)	PRIMER	BRASS	Starting Load		Max Load	
				CHARGE WT (GR)	VELOCITY (FT/SEC)	CHARGE WT (GR)	VELOCITY (FT/SEC)
Alliant Reloder® 17	2.700	Fed 210	Fed	42.8	2662	47.6*	2959
Alliant Power Pro™ 2000-MR	2.700	Fed 210	Fed	41.5	2676	46.0	2943
Alliant Reloder® 16	2.700	Fed 210	Fed	43.2	2661	48.0*	2938
Alliant Power Pro™ 4000-MR	2.700	Fed 210	Fed	45.2	2686	50.0*	2938
Alliant Reloder® 15	2.700	Fed 210	Fed	37.7	2593	41.9	2843